

What's on?



Grey Lynn Community Choir

7.30pm - 9pm, Garden Room

There is no audition, the repertoire is broad, and singing together is a lot of fun. Margaret 0210428855 greylynnchoir@gmail.com.

FRIDAY

Grey Lynn Kids Playgroup

9.30am - 11.30am, Garden Room

Organised play, arts & craft, music FUN FUN FUN
ph 378 4908

Keep Fit Classes

6.15am - 7.15am, Hall

Sam Ward , Ph - 021626123.

Yoga Joy – beginners to intermediate level

9.30am - 11.00am, Hall

Classes with Roselle, this general yoga class is suitable for beginners to intermediate level. Go to www.yogajoy.co.nz or call Roselle 3782031.

Philippa Campbell School of Ballet

2pm-6.30, Hall eleanor.bloomfield@xtra.co.nz

McLeay Cartoon Workshops

3.30pm - 5.30pm, Balcony Room

For kids ages 8 and up Matt Haworth, ph 021 209 8833.

Narcotics Anonymous

7pm - 8pm, Garden Room

SATURDAY

Direction & Strength

9am - 10am, Balcony Room

The Direction & Strength meeting of Alcoholics Anonymous
James, ph 021 241 5198.

Grey Lynn Dance School

9am - 12pm, Garden Room

Fun dance classes for boys and girls led by an experienced teacher.

First class free. Kyra on 021 86 77 09 or
greylynn danceschool@gmail.com.

Philippa Campbell School of Ballet

9.30am - 1pm, Hall eleanor.bloomfield@xtra.co.nz

Exercise Classes – Peak Potential Transformations

12.00pm - 12.15pm, Hall

Phil , Ph – 0210358460.

Touch Compass Dance Company

1.30pm - 3.30pm, Hall

Juliet Allardice , Ph – 095506464.

SUNDAY

Underearners

9am - 10am, Balcony Room Kelvin ph 0211375754

Grey Lynn Farmers Market

9am to 12.30pm, Hall

Bring A Bag / Bring Cash / Walk, Skip or Cycle & leave the car at home. glfarmersmarket@gmail.com

New Zealand Hawaiian Steel Guitar Club

1pm - 4.30pm, Garden Room

Island, Hawaiian and country music played by accomplished musicians every 1st Sunday of month at 1pm. \$5.00 entry

Contact: ph 836 4442.

Mt Olive Church

3.30pm - 6.30pm, Oval Room Sifa ph 0210546911

MONDAY

Grey Lynn Kids Playgroup

9.30am - 11.30am, Garden Room

Organised play, arts & craft, music FUN FUN FUN
Ph - 378 4908.

Keep Fit Classes

6.15am - 7.15am, Hall , Sam Ward , Ph - 021626123.

Yoga Joy – beginners to intermediate level

9.30am - 11.00am, Hall

Classes With Roselle, Mon and Fri this general yoga class is suitable for beginners to intermediate level. www.yogajoy.co.nz or call Roselle – 3782031.

Plunket PEPE

10.00am - 3.00pm, Balcony Room

Parenting advice , Ph – 098495609.

Exercise Classes – Peak Potential Transformations

12.00pm - 12.15pm, Hall , Phil , Ph – 0210358460.

Samantha Nicole School of Dance (Beginners Jazz 4yrs)

3.30pm - 4.00pm, Hall

Samantha Cattle – samanthanicoleschoolofdance@gamil.com

Ph – 0212042918.

German Speaking Playgroup

3.30pm - 5.30pm, Garden Room

Deutsche Spielgruppe – Ungezwungenes Treffen mit Spiel Und Activitaeten Jeder ist willkommen Angelika , Ph – 8372277 or 021678939.

Mandarin Classes

3.30pm - 4.30pm, Balcony Room, Pia Jasskelinen – 021652033.

Sum It Tutoring

3.30pm - 7.30pm, Sky Room

Tutoring Maths/Physics/English. General homework help also available . Primary through to NCEA Level 3. Contact Oliver Sardelic – osar878@aucklanduni.ac.nz or 0211457664.

Bamboo Pilates – Get Strong & Flexible

6.00pm - 7.00pm, Garden Room

Marion, Ph – 0211168222, mguilbertmail@gmail.com.

Hot Hula Fitness

6.00pm - 7.00pm, Hall

Tina, Ph – 0212460363, 3760506.

Cutting Edge Drama(Screen Acting Level 1)

7pm - 9.00pm, Garden Room

Adult Showcase Performance Class – This is a fun and affordable class that teaches you not only acting skills but builds personal confidence. Tutor Sioux Smith 021876110.

Tai Chi (Chen Style)

7.30pm - 9.30pm, Hall

See www.taichichen.org for fees and other club details . Malisa , Ph- 2667473.

TUESDAY

Grey Lynn Kids Playgroup

9.30am - 11.30am, Garden Room

Organised play, arts & craft, music FUN FUN FUN
Guy Ph – 022 150 1726 , tutorguycapper@gmail.com

Exercise Classes – Peak Potential Transformations

6.00am - 6.45am, Hall

Phil , Ph- 021 035 8460.

Example Yoga for Men

7.00am-8.00am Garden Room

Grumpies Yoga class places an emphasis on restoring energy levels and reducing the effects of old injuries. Tracy, Ph -0212848444.

Jumping Beans Gym

9.00am - 10.00am **Toddler** 12-24 mths

10.00am - 11.00am **Toddler** 12-24 mths

11.00am - 12.00pm **Runner/Gym** 2 & 3 year old

12.15pm - 1.00pm **Baby/Crawler/Cruiser** 8 weeks-15mths **Hall** -

Fun, child-centred, physical development and gymnastics .

Contact :Sue – 521 1825 sue@jumpingbeans.net.

Sum It Tutoring

3.30pm - 7.30pm, Sky Room

Tutoring Maths/Physics/English. General homework help also available. Primary through to NCEA level 3. Olive Sardelic Ph – 0211457664.

Claymation with Guy capper

Kids 7-11 yrs, 3.45pm, Balcony Room

In this fun exciting class, watch your plasticine creations come to life. Contact :Guy – 022 150 1726 tutorguycapper@gmail.com.

Performance Net

4.00pm - 5.00pm, Garden Room.

Touch Compass Dance Company

4.30pm - 6.00pm, Hall, Juliet Allardice - 095506464.

Yoga – Marilyn Gravette

6.00pm - 7.00pm, Garden Room

Marilyn Gravette, Ph- 376 5408 / 027 623 2331.

Pilates Classes – Liz Brookes

6.15pm - 7.30pm, Hall , Ph -021613516.

Yoga

6.30pm - 7.30pm, Balcony Room

Vinaysa style yoga class with modifications for beginners through to advanced practitioners. Kerry – 027 315 3037.

General Acting Skill Class

7.00pm - 8.45pm, Garden Room

A Learn acting skills and build confidence for any type of public speaking in a fun and supportive environment .Contact Sioux Smith - 021 876 110 or email at www.cuttingedgedrama.co.nz.

CoDa Meeting(Mondays)

7.30pm - 8.30pm, Sky Room

Co-dependents Anonymous ‘CoDa’ is a twelve step fellowship of men and woman greyllynncoda@hotmail.com or call Kelvin ph 021 137 5754.

Free Dance

7.30pm - 9.30pm, Hall Isaac Ph- 0204545454.

WEDNESDAY

Grey Lynn Kids Playgroup

9.30am - 11.30am, Garden Room

Organised play, arts & craft, music FUN FUN FUN, Contact: 378 4908 .

Keep Fit Classes

6.15am - 7.15am, Hall ,

Sam Ward , Ph - 021626123.

La Petite Ecole

9am-2pm, Balcony Room French School Ph- 027 557 7148.

Narcotics Anonymous

12.30pm - 1.30pm, Garden Room

German Speaking School Group

2pm - 3pm, Garden Room Angelika, ph 837 2277

Performance Net

4.00pm-6.00pm, Garden Room/Hall

Dance, Drama and challenging aspects of performance. info@theperformance.net or call +64 9 476 4045.

Sum It Tutoring

3.30pm - 7.30pm, Sky Room

Tutoring Maths/Physics/English. General homework help is also available. Primary through to NCEA Level 3.

Oliver Sardelic - osar878@aucklanduni.ac.nz OR 0211457664.

Samoan Fire Dancing Class

4.30pm - 5.30pm, Hall

Sopi Jensen - 0273303026

email - sopi.jensen@gmail.com

Vinyasa Yoga

5.30-7.00pm, Hall

A breath based yoga practice which will develop strength, flexibility and balance Vicki Soper, ph 575 4736 /0274 326051

vickisopernz@gmail.com

Auckland Central Goju Ryu Karate

6pm - 7pm, Garden Room Michael Samuels, ph 021 1051 450

GREY LYNN COMMUNITY CENTRE

510 RICHMOND ROAD

09 3784908. www.greylynn.org.nz. office@greylynn.org.nz.

Mindfulness Works

6.00pm - 8.00pm, Oval Room Teagan Fea - 022 6517960.

Body Rhythm Yoga

7.00pm - 8.00pm, Hall

Michelle Waring -021 336 106.

Screen Acting (Level Two)

7.00pm - 9.00pm, Balcony Room

A course that is challenging and fun. Teaches you how to get the ‘x Factor’ and prepares you for both auditioning and acting in film & TV. Contact - Sioux Smith 021 876 110 email

www.cuttingedgedrama.co.nz .

Advanced Acting Classes

7.00pm - 9.00pm, Garden Room Sioux Smith - 021 876110.

Hootchy Kootchy Burlesque

8.00pm-9.30pm Hall

Burlesque combine old Hollywood glamour with classy cabaret.

Miss Cherry Lashes - 021 308 805, email:

misscherrylashes@gmail.com

THURSDAY

Grey Lynn Kids Playgroup

9.30am - 11.30am, Garden Room

Organised play, arts & craft, music FUN FUN FUN,

Contact: 378 4908.

Exercise Classes – Peak Potential Transformations

6.00am - 6.45am, Hall

Phil , Ph – 0210358460.

Morning Yoga Classes

7.30am - 8.30am

Janine Croft Ph – 0212365608.

Yoga with Grace – Restorative Yoga Classes

7.30am - 8.30pm

T Grace Bell – 0211276087, hello@yogawithgrace.co.nz

Flying Fox Language School –Spanish(2 classes)

3.30pm - 4.30pm, 4.30pm - 5.30pm, Balcony Room

Ph: Pia 021652033

La Petite Ecole

9am-2pm, Balcony Room French School 027 557 7148

Tai Chi for Ages 50's +

9.45am - 10.45am, Hall

ACC fall prevention programme. Shaolin Kenpo, ph 816 8649.

French Classes

10.00am - 12.00pm, Sky Room

Charlotte piot – 0211068608.

Yoga for Seniors

11am - 12noon, Hall

Improving Balance and Strength with this gentle guided practice.

Approved by Sport Auckland and Green Prescription. Marilyn Gravette, ph 376 5408 / 027 623 2331.

Hatha Yoga

6pm - 7.00pm, Hall

Improve your strength, flexibility and learn relaxation technique

Becca Wood, ph 816 8260 or 021 378 323, www.yogawalks.co.nz

Eckanbar

6.45pm - 8.00pm, Oval Room

Robyn Mckenzie 021471477

Tai Chi (Chen Style)

7.30pm - 9.30pm, Hall

This is the original, more lively parent form of this ancient, graceful